

## Phoenix Walk4Hearing Event

Walk4Hearing is an annual event sponsored by the Hearing Loss Association of America (HLAA). Walk4Hearing is the largest walk of its kind taking place in multiple cities across the country. Thousands of walkers - children and their families, young adults, young at heart and everyone in between - form teams and walk in their communities to increase public awareness about hearing loss, help eradicate the stigma associated with it and raise funds for programs and services. 40% of funds raised from Team ANA will go to ANA.

Walk4Hearing Arizona general information: [http://hlaa.convio.net/site/TR?fr\\_id=2436&pg=entry](http://hlaa.convio.net/site/TR?fr_id=2436&pg=entry)

Team **Acoustic Neuroma Association, Team Captain** - Tracy Denmark Schwimmer

[Click here to register](#) - At the top of the page select "Join Team."

There is no registration fee to participate and fundraising is not mandatory. If you have trouble registering, please contact Tracy. The primary goal of the walk is to increase awareness. Of course we hope every walker can raise his or her own donations by making requests of those people in their lives who may be affected by an acoustic neuroma or by anyone experiencing hearing loss: family, friends, audiologist, your doctors, physical therapists, church members, coworkers to name a few.

RSVP to Tracy Denmark Schwimmer if you will be participating and she will be in touch with further instructions for pre and post walk activities. If you do not wish to join the walk, please join us at 11:00 am for caring and sharing time at Sheraton Mesa Hotel at Wrigleyville West (adjacent to the park where the walk is taking place)

The Madera Room, 860 N. Riverview, Mesa, AZ 85201

This will be a GREAT day doing our part to raise funds for this worthwhile organization and enjoying the camaraderie of our fellow AN'ers.

**Below is information if you want to set up a personal page (insert your personal info where prompted)**

Hi,

I'm joining **Team Acoustic Neuroma Association** for the upcoming Arizona Walk4Hearing to raise awareness of acoustic neuroma, its symptoms and the impact it has on thousands of lives each year.

### **Did you know?**

- An acoustic neuroma is a brain tumor on the hearing and balance nerve.
- One of the first symptoms can be hearing loss in one ear.
- Only 2,000 to 3,000 new cases are diagnosed each year in the U.S. making it a rare disease.
- The tumor is slow growing and benign but can cause life-altering symptoms such as hearing loss, balance issues, tinnitus (ringing in the ears) and more.
- Because the symptoms can be common, it can easily go undetected for years; however, an MRI with contrast is the standard for an acoustic neuroma diagnosis.

**The Acoustic Neuroma Association is the premier resource to the acoustic neuroma community.** Its mission is to inform, educate and support those affected by acoustic neuroma brain tumors. ANA is a 501(c)(3) nonprofit.

*(Insert your personal story here to explain why this cause is so important to you.)*

**My personal goal is to raise (insert goal in dollars) by joining the Arizona Walk4Hearing on November 3.** Your donation will help me reach that goal. Gifts of any size are appreciated and will make a real difference in helping ANA continue to provide necessary programs and services to other acoustic neuroma patients, just as they did for me.

You can also continue raising awareness of ANs by liking [Acoustic Neuroma Association on Facebook](#). Visit [www.ANAUSA.org](http://www.ANAUSA.org) for more information.

Thank you for your support!

*(Your name)*

*(Your contact info, if desired)*