ACOUSTICNEUROMA ASSOCIATION

News and Announcements – September 2025

Patient Education Event
Saturday, September 20
Chicago, IL
Hosted by Northwestern Medicine

Public Webinar
Wednesday, September 24
12:00 p.m. ET
Radiation Post Treatment
Presented by Raymond Sekula, MD, Columbia

September Giving Challenge
You can be part of a $250,000 difference for AN patients! The Greathouse Family Foundation, a longtime, generous supporter of the ANA Research Program, has made a $150,000 contribution for acoustic neuroma research with a challenge for the ANA and our community to raise $100,000 in support of our stellar patient programs. Gifts in September will go directly to meet this challenge! Thank you for your generosity and support of acoustic neuroma patients and their families!

Join the ANA Community – Become a Member Today!
Thousands of acoustic neuroma patients and caregivers understand the value of membership in the ANA. In return, we value our members by providing up-to-the-minute content, in-person support and educational programs, and access to our quality volunteers.

Update Your Information!
Please take a moment to ensure we have your most up-to-date information, so you'll have access to critical resources.

Quarterly Newsletter, *NOTES* – September 2025

- Medical Report, *Controversies in Vestibular Schwannoma Care,* By Scott Shapiro, M.D., Rutgers Robert Wood Johnson Medical School and Robert Wood Johnson University Hospital; Chase Hintelman, BS, Rutgers Robert Wood Johnson Medical School
- Patient Story and Warrior Gallery
- 2025-2026 Upcoming Events
- ANAwareness Week 2025 Recap
- President's Message and BOD Thank You
- AN Research - Grant Updates and Active Studies
- September Giving Challenge

ANA Publications

The following publications are free to ANA members and are available in the Member Section of the ANA website. If you would like a print version, contact us. Not a member? Join today or order booklets for a small fee.

Eye Care After Acoustic Neuroma Surgery
Facial Nerve and Acoustic Neuroma: Possible Damage and Rehabilitation
Headache Associated with acoustic Neuroma Treatment
Hearing Loss Rehabilitation for Acoustic Neuroma Patients
Improving Balance Associated with Acoustic Neuroma
Newly Diagnosed Handbook
Understanding Emotional, Cognitive and Behavioral Changes

Share your Story

Everyone affected by acoustic neuroma has a unique story to tell, including patients, spouses, and caregivers. It can also include children of those diagnosed with AN, best friends, siblings. There are many different perspectives and insights. All are connected to an acoustic neuroma experience, and all are valuable. Use our online form to submit your story. If you need ideas or help getting started, contact us to request our Storytelling Toolkit.

Employment Considerations Reference Guide

The ANA's employment reference guide was compiled from patients, volunteers, and caregivers. Each journey is unique, and employment situations can certainly be distinctive. We encourage you to use this resource as a starting point as you consider your situation, as well as questions, and options. This is not meant to be comprehensive, nor should it be considered legal advice. Please contact us with comments/suggestions.

AN Research

The ANA posts information about acoustic neuroma medical studies and trials which may be of interest to patients and caregivers. Visit the ANA website for more information about online and in-person research opportunities.

Resources for Young Adults with Acoustic Neuroma

- **Young Adult Facebook Group** - This is a closed group moderated by ANA Staff and Volunteers. https://www.facebook.com/groups/ANAYoungAdults
- Young Adult Online Support Group - The group meets quarterly via Zoom and is moderated by ANA volunteers. For more information, contact: Emily Truell, Peer Mentor, anayoungadults@gmail.com

Peer Mentor Program

Peer Mentors are volunteers who are acoustic neuroma patients and caregivers that are willing to talk about their acoustic neuroma experience. They provide information, encouragement, and support to other acoustic neuroma patients via phone, email and video chat. Information about peer mentors is provided in our free patient kit or contact us to request a peer match today.

Support Groups

The ANA offers a variety of support groups so that you can find what is best for you and your situation, including:

- Geographic support groups across the U.S.
- Specialty support groups
- Co-sponsored support groups with a medical partner

All Support Group meetings are free and open to anyone affected by acoustic neuroma; we look forward to welcoming you at a meeting soon. When you are ready, we are here. View upcoming meetings here.

ANA Website

- **ANA Store** – Shop for ANA branded merchandise and help support ANA programs.
- **Community** – Features include patient stories, fundraising ideas, and volunteer opportunities.
- **Events** – View upcoming events and register for a meeting today.
- **Get Involved** – Explore volunteer opportunities, increase awareness, and raise funds for the ANA.
- **Healthcare Provider Listing** – A starting place to locate healthcare providers.
- **Member Portal** – Find information booklets, newsletters, educational webinars, and a searchable peer mentor database.
- **News and Announcements** - stay up-to-date on news, events, and other items of interest.
- Social Media - stay connected on Facebook, YouTube, Instagram and LinkedIn.
- **Video Library** – Browse webinars, Facebook Live events, and support group meetings.

Team ANA - Fundraise for the ANA!

- Increase awareness of acoustic neuroma while raising funds for the ANA.
- Create your own fundraisers through Facebook, Walk4Hearing, or any individual fundraiser held locally.
- Contact Matthew Balte at matthewbalte@anausa.org if you are interested in raising funds for the ANA!

ANA Legacy Society

Philanthropic support is critically important to fulfilling the mission of the ANA. Our Legacy Society represents unique, exceptionally generous contributors who have included the ANA in their estate plans. This forward-looking philanthropy will have a remarkable impact on the future of the ANA. We are very grateful for the commitments made by our Legacy Society members.

- To begin the conversation, please contact Matthew Balte at matthewbalte@anausa.org.
- You will also want to seek the advice of an attorney who specializes in estate planning.

In no case does ANA endorse any commercial product, physician, surgeon, medical procedure, medical institution, or its staff.