

ANA Patient Education Event hosted by  
**UC San Diego Health**

Saturday, March 18, 2023

**7:30 Check in and Breakfast**

**8:00 Welcome to UC San Diego Health**

**8:10 Modern Approaches to AN Management**

Dr. Peter Dixon, Neurotology

**8:30 Acoustic Neuroma: Predictors of Success**

Dr. Rick Friedman, Neurotology

**8:45 Decision Making in AN Treatment**

Dr. Marc Schwartz, Neurosurgery

**9:15 Radiation**

Dr. Marc Schwartz, Neurosurgery

**9:30 The Middle Fossa Surgical Approach and Hearing Preservation**

Dr. Rick Friedman, Neurotology

**9:45 Break**

**10:00 The Facial Nerve and Acoustic Neuroma Tumors**

Dr. Quyen Nguyen, Neurotology  
Dr. Jacqueline Green, Otolaryngology

**11:00 Management of Hearing Loss in AN patients**

Dr. Elina Kari, Neurotology

**11:30 The Role of Osteopathic Manual Medicine (OMM) in the care of Acoustic Neuroma Patients**

Dr. Alice Chen, Integrative Medicine

**12:00 Lunch and networking**

**1:00 Acoustic Neuroma Epidemiology Survey**

Jeffery D Bernstein, BA

**1:15 What to Expect in the Early Post-Operative Period?**

Tamara Wahlin, PA-C Acoustic Neuroma Program

**1:45 Acoustic Neuroma and your Balance: The role of vestibular therapy in your treatment**

Ben Vasquez, PT, DPT

**2:30 Break**

**2: 45 Introduction to Mindfulness and Meditation – Improve your health and sense of well-being**

Dr. Alice Chen, Integrative Medicine

**3:30 Closing Remarks and Break**

**3:45 Pre-Treatment and Post-Treatment Q&A Sessions with Providers**

Dr. Marc Schwartz, Neurosurgery  
Dr. Rick Friedman, Neurotology