



## Latest News and Announcements November 2021

### Facebook Live Event – Ask the Docs Thursday, November 4 at 7 pm ET

Our panel will feature: MAB Co-Chair, Dr. David Haynes, Neurologist at Vanderbilt Health  
MAB members: Dr. Melvin Field, Neurosurgeon at Orlando Neurosurgery/Advent Health  
Dr. Jeff Markey, Facial Plastic and Reconstructive Surgeon at Ascentist ENT in Kansas City  
Dr. Megan Sherod, Neuropsychologist from the University of Central Florida.  
Kristine Siwek, Patient Navigator, UCSD Acoustic Neuroma Program

### It's the ANA's 40<sup>th</sup> Anniversary!

We are excited to celebrate the ANA's 40th anniversary and extend our gratitude to the ANA's Founder, Virginia (Ginny) Fickel Ehr and the other founding staff, members, and board of directors. Their hard work, dedication and leadership laid the foundation for a meaningful and successful organization that has touched the lives of thousands of individuals.

Tell us what the ANA means to you. How has the ANA impacted YOUR AN journey? We need your help and invite you to participate in several opportunities to give back and get involved. Join us to commemorate this occasion and find additional information here: <https://www.anausa.org/ana-40>

### Notes Quarterly Newsletter – September 2021 highlights

- Medical Report, *Cystic Vestibular Schwannomas* by Brian A. Neff, M.D., Ph.D. Mayo Clinic, Rochester, MN
- Patient Stories – *When an AN Diagnosis Means Losing Hearing*, by Christine Jones, Hood River, OR and *Mom's New Smile*, by Gabriella Abraham, Pacific Palisades, CA
- The ANA's 40<sup>th</sup> Anniversary  
*Our Founder Reflects on 40 Years of the ANA*, by Ginny Fickel Ehr  
*Paying it Forward*, by Agnes Garino, former ANA Board President  
*Improving the Journey*, by Jim Shea, ANA CEO

### Announcing The ANA's Newest Publication – *Acoustic Neuroma: Understanding Emotional, Cognitive and Behavioral Changes*

We are pleased to offer a new educational booklet to help you understand the emotional, cognitive and behavioral changes associated with AN. This booklet will provide you with information about what you may be experiencing and offer strategies to help you manage your symptoms and concerns. The booklet is free to ANA members, get your copy today! View the electronic version in the [Member Section](#) of the ANA website or [contact us](#) to request the print version. If you are not an ANA member, [join today](#) or [order](#) the booklet only for a small fee.

### Resources for Young Adults with Acoustic Neuroma

- [Young Adult Facebook Group](#)  
This is a closed group moderated by ANA Staff and Volunteers. <https://www.facebook.com/groups/ANAYoungAdults>
- [Young Adult Online Support Group](#)  
The group meets several times a year via Zoom and is moderated by ANA Peer Mentors. For more information, contact: Emily Truell, Peer Mentor, [emily@lacampground.com](mailto:emily@lacampground.com)  
Melanie Hutchins, Manager, Volunteer Programs, [volunteers@anausa.org](mailto:volunteers@anausa.org).

- [Peer Mentor Program](#)

Peer Mentors are volunteers who are acoustic neuroma patients and caregivers that are willing to talk about their acoustic neuroma experience. They provide information, encouragement, and support to other acoustic neuroma patients via telephone, email and video chat. A list of peer mentors is provided in our free patient kit, or contact us to request a peer match today.

#### **ANA Website Resources**

- [ANA Store](#) – Shop for ANA branded merchandise and help support ANA programs.
- [AN Research](#) – Learn more and participate in AN studies
- [Community](#) – Features include patient stories, milestones, photos and videos. Explore fundraising ideas and volunteer opportunities.
- [Events](#) – View all ANA upcoming events and register today.
- [Get Involved](#) – View volunteer opportunities - increase awareness and raise funds for ANA.
- [Healthcare Provider Listing](#) – A starting place to locate healthcare providers.
- [Member Portal](#) – ANA members can view information booklets, newsletter library, and educational webinars
- [News and Announcements](#) - stay up-to-date on news, events, and other items of interest.
- Social Media - stay connected on [Facebook](#), [YouTube](#), [Instagram](#) and [Pinterest](#)
- [Video Library](#) – Browse webinars, Facebook Live events, support group meetings

#### **[ANA Membership](#)**

**Thousands of acoustic neuroma patients and caregivers understand the value of a membership in ANA. In return, we value our members by providing up-to-the-minute content, in-person support and educational programs and access to our quality volunteers. Membership benefits include:**

- Subscription to our quarterly ANA newsletter, *Notes*
- List of patient/care partner volunteers for one-on-one peer support
- Access to the member section of our website:
  - Newsletter library archive
  - AN informational booklets
  - Member webinar library
  - List of volunteer Peer Mentors and their contact info

#### **[Team ANA - Fundraise for the ANA!](#)**

- Individuals who increase awareness of acoustic neuroma while raising funds for the ANA are considered members of Team ANA.
- Join Team ANA and create your own fundraisers through Facebook, Walk4Hearing, or any individual fundraiser held locally.
- Contact Melissa Baumbick at [development@anausa.org](mailto:development@anausa.org) if you are interested in establishing a team and raising funds for ANA!

#### **[ANA Legacy Society](#)**

- When you give a planned gift to ANA, you join a very special group of contributors as a member of the Acoustic Neuroma Legacy Society.
- Legacy giving is the most enduring statement you can make about your commitment to those affected by acoustic neuroma.
- Many of our most significant gifts have come from the estates of our generous donors.
- These special gifts have helped us grow and achieve our goal to be the premier resource for AN education and support.
- We welcome any discussions you would like to have regarding your wishes.
- To begin the conversation, please contact ANA at 770-205-8211 or email [development@ANAUSA.org](mailto:development@ANAUSA.org).
- You will also want to seek the advice of an attorney who specializes in estate planning.

*In no case does ANA endorse any commercial product, physician, surgeon, medical procedure, medical institution or its staff.*

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