



Latest News and Announcements March 2021

It's the ANA's 40th Anniversary!

We are excited to celebrate the ANA's 40th anniversary and extend our gratitude to the ANA's Founder, Virginia (Ginny) Fickel Ehr and the other founding staff, members, and board of directors. Their hard work, dedication and leadership laid the foundation for a meaningful and successful organization that has touched the lives of thousands of individuals.

We hope you will join us as we look back with appreciation and forward with determination. Read Ginny's story [here](#) and stay tuned for more information about ways we will celebrate this milestone throughout the year!

Facebook Live Events - [Acoustic Neuroma Association - Home | Facebook](#)

- **Tuesday, March 23, 1:00 pm ET**
What Patients Should Look for in An Acoustic Neuroma Care Team, presented by Dr. Thomas Roland, Otolaryngologist and Dr. John Golfinos, Neurosurgeon, NYU Langone Medical Center
- **Monday, April 12, 4:00 pm ET**
Topic: TBD, presented by Dr. Philip E. Stieg, Neurosurgeon, Weill Cornell Brain and Spine Center
- **Friday, April 30, 1:00 pm ET**
Facial Retraining with Acoustic Neuroma, presented by Jackie Diels, OT, Facial Retraining

*all presentations will be added to our [Video Library](#) after they air live

Notes Quarterly Newsletter – March 2021 highlights

- Medical Report, *The Challenges of Defining Quality of Life in Acoustic Neuroma*, James G. Naples, MD, Beth Israel Deaconess Medical Center, Harvard Medical School
- Voyages – *Rapid Decrease in Hearing Led to AN Diagnosis*, Rob Landis, Cedar Rapids, IA
- ANA Patient Registry Results: *Installment Eight – Vision Symptoms*
- *Coping while Caring – What It's Like to Support a Loved One Diagnosed with AN*, Miranda Sacharin, ANA Volunteer
- *Corticosteroids May Not Be Effective for Sudden Hearing Loss in AN Patients – A Report from the Epidemiological Survey of Acoustic Neuroma: An Identification of Risk Factors in the U.S.*, Jeffrey Bernstein, BA, Omid Moshtaghi, MD, Kareem Tawfik, MD, Rick Friedman, MD, PhD

USPS Mail Delays

- The USPS is experiencing unprecedented volume increases and limited employee availability due to the impacts of COVID-19.
- **ANA mail delivery may be delayed.**
- We have online options available to view your newsletter and pay your membership or make a donation online.
- For your convenience, we have a new membership renewal program. This program will auto-renew your membership at the same time each year.
- For more information, contact us or visit [ANA Membership - Acoustic Neuroma Association \(anausa.org\)](#)

Resources for Young Adults with Acoustic Neuroma

- [Young Adult Facebook Group](#)
This is a closed group moderated by ANA Staff and Volunteers. <https://www.facebook.com/groups/ANAYoungAdults>

- [Young Adult Online Support Group](#)
The group meets several times a year via Zoom and is moderated by ANA Peer Mentors. For more information, contact: Emily Truell, Peer Mentor, emily@lacampground.com
Melanie Hutchins, Manager, Volunteer Programs, volunteers@anausa.org.
- [Peer Mentor Program](#)
Peer Mentors are volunteers who are acoustic neuroma patients and caregivers that are willing to talk about their acoustic neuroma experience. They provide information, encouragement, and support to other acoustic neuroma patients via telephone, email and video chat. A list of peer mentors is provided in our free patient kit, or contact us to request a peer match today.

ANAwareness Week 2021

Join us for ANAwareness Week, **May 9-15**. We will have many special events and opportunities to help increase awareness of acoustic neuroma!

ANA Website Resources

- [ANA Store](#) – Shop for ANA branded merchandise and help support ANA programs.
- [AN Research](#) – Learn more and participate in AN studies
- [Community](#) – Features include patient stories, milestones, photos and videos. Explore fundraising ideas and volunteer opportunities.
- [Events](#) – View all ANA upcoming events and register today.
- [Get Involved](#) – View volunteer opportunities - increase awareness and raise funds for ANA.
- [Healthcare Provider Listing](#) – A starting place to locate healthcare providers.
- [Member Portal](#) – ANA members can view information booklets, newsletter library, and educational webinars
- [News and Announcements](#) - stay up-to-date on news, events, and other items of interest.
- Social Media - stay connected on [Facebook](#), [YouTube](#), [Instagram](#) and [Pinterest](#)
- [Video Library](#) – Browse webinars, Facebook Live events, support group meetings

[ANA Membership](#)

Thousands of acoustic neuroma patients and caregivers understand the value of a membership in ANA. In return, we value our members by providing up-to-the-minute content, in-person support and educational programs and access to our quality volunteers. Membership benefits include:

- Subscription to our quarterly ANA newsletter, *Notes*
- List of patient/care partner volunteers for one-on-one peer support
- Access to the member section of our website:
 - Newsletter library archive
 - AN informational booklets
 - Member webinar library

[Team ANA - Fundraise for the ANA!](#)

- Individuals who increase awareness of acoustic neuroma while raising funds for the ANA are considered members of Team ANA.
- Join Team ANA and create your own fundraisers through Facebook, Walk4Hearing, or any individual fundraiser held locally.
- Contact Melissa Baumbick at development@anausa.org if you are interested in establishing a team and raising funds for ANA!

[ANA Legacy Society](#)

- When you give a planned gift to ANA, you join a very special group of contributors as a member of the Acoustic Neuroma Legacy Society.
- Legacy giving is the most enduring statement you can make about your commitment to those affected by acoustic neuroma.
- Many of our most significant gifts have come from the estates of our generous donors.
- These special gifts have helped us grow and achieve our goal to be the premier resource for AN education and support.
- We welcome any discussions you would like to have regarding your wishes.
- To begin the conversation, please contact ANA at 770-205-8211 or email development@ANAUSA.org.
- You will also want to seek the advice of an attorney who specializes in estate planning.

In no case does ANA endorse any commercial product, physician, surgeon, medical procedure, medical institution or its staff.
Acoustic Neuroma Association | 600 Peachtree Parkway, Suite 108, Cumming, GA 30041 | 770.205.8211
www.ANAUSA.org